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Looking at God's Plan, Part 2 – What Does it Call For?

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In part 1, we pointed out that we seldom think about God's Plan when we are doing well with our life and it is something that we are more likely to acknowledge, accept and reflect on when we have experienced some kind of trauma or been involved in a man made or natural disaster.

But there are finer and more important parts to God's plan than just reflecting on it in times of stress, pain and disaster. In fact, these may not be things that truly represent what God's plan is and consists of.

Instead, God's plan calls for us to think, speak and act in a certain manner, both when we are alone and when we are with or interact with others, just as the yamas and niyamas of Yoga do and the Noble Eightfold Path of Buddhism does.

Two of the major ways in which we cultivate God's plan for ourselves and others are through the understanding and application of the following actions.

One is that we refrain from condemning other people in thought, word and action. In tendencies to condemnation, we fail to see the many forces at work and that influence both our lives and the lives of others with the clarity that is needed.

The second is that we are willing to put aside our own desires for something that is greater, that being the joy and wisdom that comes from a union with something that is above the world and the material forces that govern it.

Spiritual growth and maturity does not come from just saying that one believes or one worships an icon. This writer has met many Christians and Buddhists in both the east and west who profess a belief in a way, but live a life that is not in tune with the way that they profess a belief or interest in.

In fact, they are frequently so caught up in their individual desires and greed, that they may even be living a life that goes very much against the teachings of either Jesus or The Buddha.

There is a third point that also important for the individuals who wants to truly experience God's plan that being that all of our thoughts, words and actions are geared to nurturing one another.

This is the opposite of condemning others and by practicing it, we not only uplift our own mind and consciousness but we also uplift the mind and consciousness of others.

God's plan is not just something that we acknowledge in times of disaster, trauma and heartbreak. It is something that we work for and to each day of our existence in the quality of our mind, thoughts, words and actions, both as individuals and with and to others.

